



ADDRESS 11/104 Crown Street Wollongong NSW 2500
EMAIL info@selfreflections.com.au
PHONE 02 4288 2540
FAX 02 4288 2530
WEBSITE www.selfreflections.com.au
SOCIALS [selfreflectionsclinic](#)

Dear Referring GP,

RE: Request for Referral (Eating Disorders)

Your patient has approached us because they are interested in seeing our psychologists and/or our dietitians specifically for an eating disorder. We have discussed with them the option of receiving Medicare rebates through the Eating Disorder Management Plan (EDMP) and have advised them to discuss this further with you.

Please refer to information from the Department of Health Medicare website to ensure the client meets eligible criteria. Please use the correct Eating Disorder Management Plan (EDMP) template and include the EDE-Q score.

The billable items for an Eating Disorder are:

- Subgroup 1: GP and medical practitioner eating disorders treatment plan (EDP) (90250-90257)
- Subgroup 2: Consultant psychiatrist and paediatrician eating disorders treatment plans (EDP) (90260-90263)
- Subgroup 3: Review of eating disorder treatment plans (EDR) (90264-90269)
- Subgroup 4: GP and medical practitioner *eating disorders psychological treatment* (EDPT) services (90271-90282)

The details of our clinicians should already be on your system but if they are not, please simply put "Self Reflections" and we will allocate the client based on their needs to our psychologists and/or dietitians.

Once the relevant paperwork has been lodged, your referral can be faxed to us directly on 4288 2530, emailed to info@selfreflections.com.au or given to the patient to pass onto us at their first appointment.

If you have any questions regarding this referral request, please don't hesitate to contact us on 4288 2540.

Kind regards,

Klaudia Gebert
Clinic Director
Self Reflections